



**RELAX! ... IT'S JUST DINNER.**



## **Pork Fajitas**

**Serves: 4**

**Cook Time: 15 minutes**

**Shopping list:**

- 1-pound pork loin cut into 1/4" strips and trimmed
- 1 tbsp fajita seasoning
- 1 cup sliced bell peppers
- 1/2 onion sliced
- 4 whole wheat tortillas (Not the white flour ones I used in the video)

that was a joke for the Doc.☺.CB)

- Oil mister
- A little shredded taco mix cheese (Doc. said its ok!)

### ***Recipe:***

1. Spray large skillet with cooking spray.
2. Heat skillet over medium high heat until hot.
3. Add pork strips, fajita seasoning, bell peppers, onions, and crushed red pepper.
4. Stir fry about 7 minutes until pork is cooked all the way through.
5. Warm up tortillas and add stir fry, cheese, fold and enjoy.