



**RELAX! ... IT'S JUST DINNER.**



## **Healthy Baked Buffalo Chicken**

**Serves:** 3-4

**Cook Time:** 30 minutes (total including prep)

### ***Shopping list:***

- ½ cup Chicken wing sauce/marinade
- 3 boneless chicken breasts, trimmed and cut lengthwise
- Olive oil cooking spray
- Whole-wheat breadcrumbs
- Gorgonzola cheese

***Recipe:***

1. Marinate chicken in chicken wing sauce for at least 1/2 hour.
2. Preheat oven to 350.
3. Coat chicken in bread crumbs and place on baking sheet lightly coated with olive oil cooking spray.
4. Bake for 30 minutes.
5. Sprinkle with gorgonzola and place in oven until cheese melts.