



**RELAX! ... IT'S JUST DINNER.**

Brought to you by:



**Cottage Cheese and Chicken Salad**

**Serves: 2**

**Cook Time: 15 minutes**

**Shopping list:**

- 1-cup cooked chicken breast chopped
- 1-cup low fat cottage cheese
- 2 hard-boiled eggs chopped
- 1/3-cup light mayo
- 1/4 tsp salt (optional)
- 1/4-cup celery diced
- 1/2-cup low fat cheddar cheese

***Recipe:***

1. In a bowl mix chicken, eggs, and celery together with mayo.
2. Add 1/2 cup of cottage cheese, cheese, and salt to turkey mixture.
3. Mix together and enjoy.